



THIS WEEK

Café 300

Week of September
15th

What's Happening

CHECK OUT OUR TAKE
HOME MEALS FOR THE
WEEK

SPECIAL EVENTS:

- NEW GRILL SPECIAL FROM THE BURGER COMPETITION (SEP. 8TH-19TH)
- ENTER THE SEPTEMBER TRIVIA GIVEAWAY

UPCOMING:

- NEW BURGER SPECIAL SEP. 22ND-OCT. 3RD

WEEKLY SPECIALS

Deli	Corned Beef Rueben
Grill	Tom's Balkan Burger (from the Burger Competition)
Taqueria	Chili Spiced Rubbed Tilapia
Soup	Black-eyed Pea Soup ^M Vegetable, Lentil, Freekeh
Salad Bar	Roasted Sweet Potato ^M Roasted Brussels Sprouts ^M Bulgur Wheat, Garbanzo, Roasted Garlic ^M

CHEF'S TABLE

Tuesday – Thompson Hospitality Wednesday – Hispanic Heritage

Thompson Hospitality & Hispanic Heritage	Try Some of Chef Gabes Dish Highlights this Tuesday Only
	Celebrate Hispanic Heritage with Some of The FLIK Teams favorite Recipes & Dishes Made Right Here on Site Wednesday Only

HOURS

Breakfast	7 AM - 10 AM <ul style="list-style-type: none">• Grill Breakfast Buffet• Yogurt & Toast Bar (Closed on Fridays)• Web & Kiosk Ordering for Grill Favorites
Lunch	11 AM – 1:30 PM (Grill open until 2PM) <ul style="list-style-type: none">• Salad & Deli Closed on Fridays

3 convenient ways to order:

1. Download the MySystopia mobile app, available on iOS and Android, workplace code: 989980
2. Online at mycafe.systopiacloud.com
3. Café 300 order kiosks

TREE HOUSE

MENU WEEK OF SEPTEMBER 15TH 2025

Coffee Bar 7 AM – 4 PM

STARBUCKS (Monday-Friday)

Breakfast 7 AM – 10 AM

ORCHARD BAR (Monday-Friday)

Walk up and order one of our FLIK Favorites or build your own smoothie
Check out our Grab & Go cooler to purchase a smoothie after 10 AM

ARBOR (Monday-Friday)

Self-serve weighed hot breakfast buffet with new selections daily
Check our Viva Engage page for daily selections available

CANOPY (Monday-Thursday)

Walk up and order breakfast action station

Breakfast Torta

Lunch 11 AM – 1:30 PM

ARBOR (Monday-Friday)

Self-serve weighed hot lunch buffet with new selections daily
Check our Viva Engage page for daily selections available

CANOPY (Monday-Thursday)

Walk up and order lunch action station

BYO Pasta Bowl

Limited Time Offer 3 PM – 4 PM

APRES (Wednesday)

Fall Harvest Snack Break